

Early Years' Conference With Children in Mind

BOOK NOW!

Date: Saturday 23rd March 2019 | **Time:** 09:00am to 4:00pm

Venue: Holiday Inn, Basingstoke Road, Reading, RG2 0SL

Reading delegate rate: £70

Reading Childminder Partnership Member: £25

Out of Borough: £110

LA Early Years Teams: Please contact us for further information

The role of the early years educator is a rewarding but challenging one: to understand and support the emotional and learning needs of 'the Unique Child', regardless of the child's skills, abilities and background. Join us in promoting the wellbeing of the child. Help Reading work towards improving the physical, mental and emotional health needs of young children, predominantly through the prime areas of learning.



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Reading Early Years

Featuring Keynote Speakers

Kay Mathieson



Kay, an early years consultant, trainer and author, is particularly interested in exploring what life is like in our early years settings for two-year-olds and the way in which children with additional needs and their families are included effectively.

Her books include 'Inclusion in the EYFS', 'I am two! Working Effectively with two-year-olds and their families', and 'Understanding Young Children's Behaviour'.

Her work in early years and primary settings since 1981 has included supporting children with additional needs, especially behaviour, and their families. She led the Early Years Inclusion Team in a London Borough for six years, which involved supporting PVI settings to develop more inclusive practice. She also worked part time for the National Strategies team.

Helen Battelley



Helen is an internationally renowned consultant, trainer and speaker in Physical Development/movement in early education. Her training style is energetic, passionate and highly motivational. She has been working as a dance and movement specialist for over 19 years and continues to work directly with children. Helen was fundamental in the creation and release of Change4life's '10 Min shake up cards'

Aqualma Murray



Aqualma Murray has been in the social work field for over 25 years. She has worked with a wide range of client groups from varied ethnicity and ages. Aqualma started her career in the residential sector, working with disabilities and then specialising with young people in care. More recently Aqualma has worked as a Local authority Designated Child Protection Officer (LADO) and a training and community partnership officer for a large London Local Authority and in Reading. Aqualma has progressed to become a trainer and consultant addressing issues of abuse, challenging behaviour, mental health, children's rights, anti-discriminatory and diversity issues, implementing policies and procedures, in relation to matters of legislation and law, as well as empowerment for staff and service users.

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You'll have the opportunity to attend 3 of the following 5 workshops:

1) Kay Mathieson - Through working in collaboration with colleagues in schools and settings in a local authority, I have had the privilege of exploring issues related to mental health and well-being since September 2018. In the workshop, we will explore approaches, strategies and techniques that colleagues found useful during the project.

- * What led to the project and what did we hope to achieve?
- * Principles, structures and skills involved
- * Practical examples of what worked
- * What next for us all?

2) Aqualma Murray - Managing trauma and distress in children who have experienced distress, ranging from witnessing domestic abuse and other issues of abuse.

I will look at building resilience in children and also understanding the impact of surviving childhood sexual abuse.

3) Helen Battelley - Boosting Communication Language and Literacy - Ideas for EYFS staff to engage pupils in all subject areas through movement, ideal for boys!

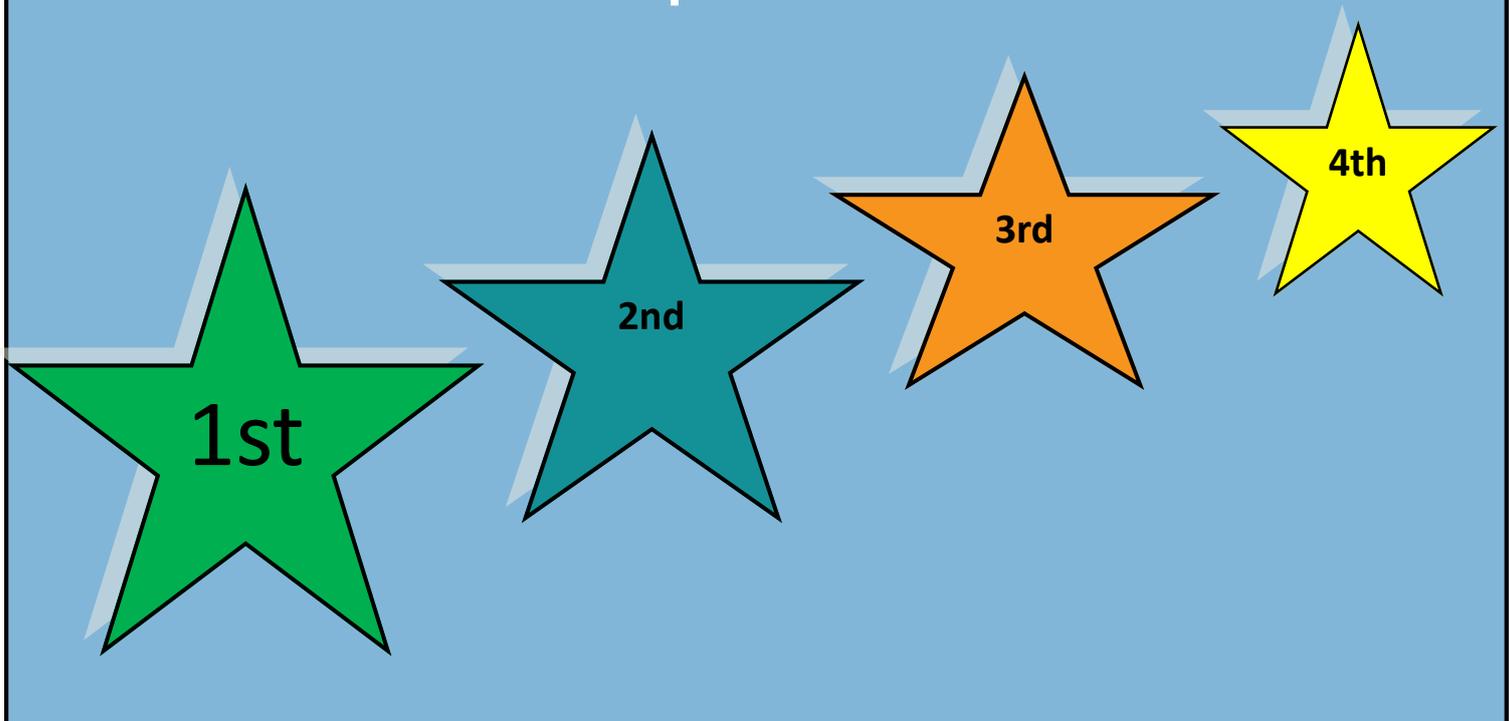
4) Aimee Trimmer - Communication & Mental Health. "The importance of Early Language Development & The link to Mental Health" - Exploring how early language can affect mental health

5) Lisa Bedlow - Children's well-being and behaviour giving some examples of the neurology behind it. I will talk about the positive impact on adult interactions, therapeutic approach, story massage, yoga, meditation and children learning outside.

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The delegate fee includes:

Three fantastic speakers, three fantastic workshops, refreshments throughout the day with a two course buffet lunch AND a free to enter RAFFLE with FOUR opportunities to win a prize!



The morning will also include Sensory Arts & Crafts for you to make on your tables! :o)

How to book:

Please book through the [EYFS SLA page](#) or email Lorna McGifford at early.years@brighterfuturesforchildren.org

When booking on the conference, please confirm which 3 workshops you would like to attend.

Please inform us if you have any access requirements. Lunch is provided at this training, so please inform us of any dietary requirements.